

Who Should Be Screened for Colorectal Cancer?

Men and women ages 50*-75¹



**Guidelines suggest earlier screening for African Americans and people with family history of colorectal cancer.*

Patients age 76 and older should be referred to a gastroenterologist.

Colonoscopy: The Gold Standard

*The only screening that **detects and prevents cancer**²*

Recommended for **patients ages 50-75¹**

The only test for those with risk factors such as **personal history** of polyps or colorectal cancer, or **family history** of certain cancers²

Stool-Based Screening:

An appropriate option for certain patients

Average-risk patients ages 45 and older who **refuse or are unable** to have colonoscopy^{3,4}

Not for patients with high risk of colorectal cancer or conditions associated with high risk, such as **personal history** of polyps, IBD, and **family history** of certain cancers⁵

A positive screening requires follow up colonoscopy, which may result in deductible or copay.⁴



For more information, please visit www.ncdhp.com

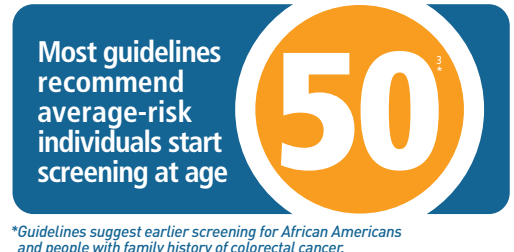
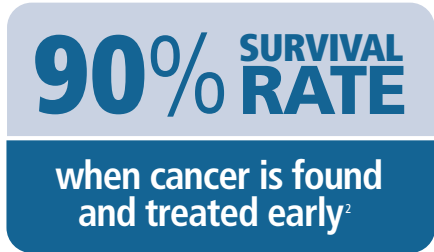
SOURCES 1. Bénard F, Barkun AN, Martel M, von Renteln D. Systematic review of colorectal cancer screening guidelines for average-risk adults: Summarizing the current global recommendations. *World Journal of Gastroenterology*. 2018;24(1):124-138. <http://dx.doi.org/10.3748/wjg.v24.i1.124>. Accessed March 1, 2020. 2. American Society for Gastrointestinal Endoscopy. Media background on Colorectal Cancer Screening. <https://www.asge.org/home/about-asge/newsroom/media-backgrounders-detail/colorectal-cancer-screening>. Accessed March 1, 2020. 3. <https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfpma/pma.cfm?id=P130017S029> 5. Rex D, Boland C, Dominitz J et al. Colorectal Cancer Screening: Recommendations for Physicians and Patients from the U.S. Multi-Society Task Force on Colorectal Cancer. *The American Journal of Gastroenterology* 2017;112:1016-1030. <http://doi.org/10.1038/ajg.2017.174>. Accessed March 1, 2020. 5. U.S. Food and Drug Administration. Summary of Safety and Effectiveness Data (SSED). https://www.accessdata.fda.gov/cdrh_docs/pdf13/P130017b.pdf. Accessed March 1, 2020.

Help Prevent Colorectal Cancer

Discuss available screening options with your patients

COLORECTAL CANCER PREVENTION: GET SCREENED

Why screen for colorectal cancer?

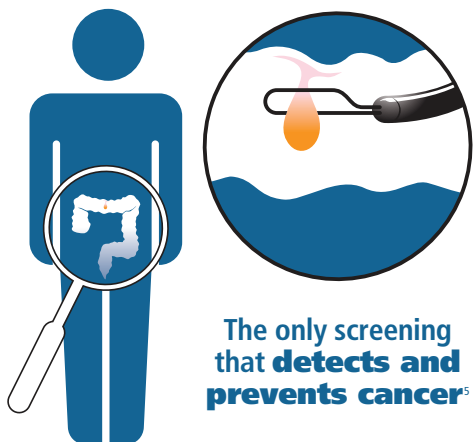


What screening options are available?

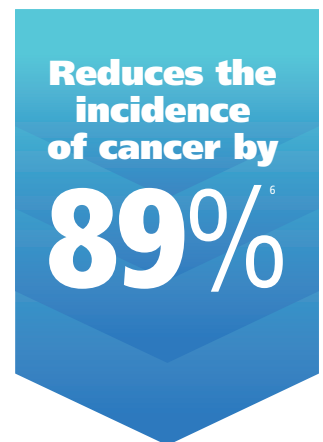
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|----------|--|
| 1 | <ul style="list-style-type: none"> • Colonoscopy • Fecal immunochemical test (FIT) |
| 2 | <ul style="list-style-type: none"> • CT Colonography • Cologuard[®] • Flexible sigmoidoscopy |
| 3 | <ul style="list-style-type: none"> • Capsule endoscopy |

The U.S. Multi-Society Task Force on Colorectal Cancer (MSTF) recommends physicians offer colonoscopy first, annual FIT to patients who decline colonoscopy, then second-tier tests for patients who decline FIT⁴

Colonoscopy: The gold standard



The only test for those with **risk factors** such as personal history of polyps or cancer, or family history of cancer⁵



REFERENCES: 1. Wolf AMD, Fontham ETH, Church TR, et al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. CA Cancer J Clin. 2018;68:250–281. <https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21457#>. Accessed March 1, 2020. 2. American Cancer Society. Survival Rates for Colorectal Cancer, by Stage. <https://www.cancer.org/cancer/colon-rectal-cancer/detection-diagnosis-staging/survival-rates.html>. Accessed March 1, 2020. 3. Bénard F, Barkun AN, Martel M, von Renteln D. Systematic review of colorectal cancer screening guidelines for average-risk adults: Summarizing the current global recommendations. World Journal of Gastroenterology. 2018;24(1):124-138. <http://dx.doi.org/10.3748/wjg.v24.i1.124>. March 1, 2020. 4. Rex D, Boland C, Dominitz J et al. Colorectal Cancer Screening: Recommendations for Physicians and Patients from the U.S. Multi-Society Task Force on Colorectal Cancer. The American Journal of Gastroenterology 2017;112:1016-1030. <http://doi.org/10.1038/ajg.2017.174>. Accessed March 1, 2020. 5. American Society for Gastrointestinal Endoscopy. Media backgrounder on Colorectal Cancer Screening. <https://www.asge.org/home/about-asge/newsroom/media-backgrounders-detail/colorectal-cancer-screening>. Accessed March 1, 2020. 6. Pan J, Xin L, Ma Y-F, Hu L-H, Li Z-S. Colonoscopy Reduces Colorectal Cancer Incidence and Mortality in Patients With Non-Malignant Findings: A Meta-Analysis. The American Journal of Gastroenterology. 2016;111(3):355-365. <https://dx.doi.org/10.1038%2Fajg.2015.418>. Accessed March 1, 2020.