

Bravo EGD/Colonoscopy Prep with Colyte (Off GI Medications)

Date of Procedure: _____ Arrival Time: _____

DO NOT FOLLOW THE INSTRUCTIONS ON THE COLYTE CONTAINER

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then ***we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.*** We will contact you once they have responded. Do not stop aspirin for the procedure.

SEVEN DAYS BEFORE PROCEDURE: Stop taking Prevacid, Prilosec (Omeprazole), Aciphex, Protonix (Pantoprazole), Nexium, Dexilant and Zegrid.

FOUR DAYS BEFORE PROCEDURE: Discontinue eating any foods with seeds, nuts, fruit or vegetables with skin and corn. Also avoid multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

[] **If your physician has recommended that you take Miralax in addition to the Colyte** solution prior to procedure, due to a history of severe constipation or other medical indication, you will need to purchase Miralax 119 gram bottle and take 17 grams (one capful) of Miralax in 8 oz of water twice a day, beginning 3 days prior to procedure.

TWO DAYS BEFORE PROCEDURE: Stop taking Tagamet, Zantac, Pepcid, Axid, Ranitidine, Reglan or any other over-the-counter antacid medications.

ONE DAY BEFORE PROCEDURE: Clear liquids such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water are allowed. **NO SOLID FOOD OR MILK PRODUCTS.**

Diabetics: Insulin Pump – Follow instructions from Endocrinologist

Oral Diabetic or Insulin Dependent – Take half of your normal dose unless otherwise instructed.

5:00 P.M. Add water to the top line of the container. Replace cap and shake until dissolved. Drink 1 glass of solution every 10-15 minutes until you drink half the gallon. Place remainder in refrigerator.



******Bowel movements usually start within 1-2 hours after you begin drinking and can continue 1-2 hours after you finish.******

DAY OF PROCEDURE:

- 6 hours before your procedure discontinue all forms of tobacco products.
- ***5 hours before you leave home, drink the remaining Colyte solution, one glass every 10-15 minutes. The last glass must be completed at least 3 hours prior to procedure time.***
- You may have clear liquids, gum and hard candy up to 3 hours before your procedure.

*****IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.***

*****IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.***

*****DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.***