

## BRAVO Upper Endoscopy (EGD) and Sigmoidoscopy Prep

(On GI Meds)

Date of Procedure:	Arrival Time:	

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days. We will contact you once they have responded. Do not stop aspirin for the procedure.

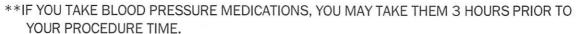
**FOUR DAYS BEFORE PROCEDURE:** Discontinue multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

**ONE DAY BEFORE PROCEDURE:** Normal diet until midnight. After midnight, clear liquids only such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water.

NO SOLID FOOD OR MILK PRODUCTS.

## DAY OF PROCEDURE:

- You may have clear liquids, gum, hard candy and tobacco products up to 3 hours before your procedure.
- Use one Fleet enema (directions are on the box) four (3) hours before you plan on leaving home. Use a second Fleet enema three (2) hours before leaving home.



- \*\*IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.
- \*\*DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.

