

BRAVO Upper Endoscopy (EGD) and Sigmoidoscopy Prep
(On GI Meds)

Date of Procedure: _____ Arrival Time: _____

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then ***we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.*** We will contact you once they have responded. Do not stop aspirin for the procedure.

FOUR DAYS BEFORE PROCEDURE: Discontinue multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

ONE DAY BEFORE PROCEDURE: Normal diet until midnight. After midnight, clear liquids only such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water. **NO SOLID FOOD OR MILK PRODUCTS.**

DAY OF PROCEDURE:

- You may have clear liquids, gum, hard candy and tobacco products up to 3 hours before your procedure.
- Use one Fleet enema (directions are on the box) four (3) hours before you plan on leaving home. Use a second Fleet enema three (2) hours before leaving home.



****IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.**

****IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.**

****DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.**