

Colonoscopy Preparation with SUTAB

Date of Procedure: _____ Arrival Time: _____

***Your SUTAB kit has been called in to your pharmacy. Please pick this up as soon as possible. Because this is a novel product, it may take a day or so for the pharmacy to get it in stock for you. It is possible that they will have to order it. Most pharmacies will be able to get it in for you in a 24-hour period. ***

DO NOT FOLLOW THE INSTRUCTIONS ON THE SUTAB BOX.

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apizaban), Aggrenox, Xarelto, or Pradaxa (Dapigatran) **we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.** We will contact you once they have responded. Do not stop taking aspirin for the procedure.

FOUR DAYS BEFORE PROCEDURE: Discontinue eating any foods with seeds, nuts, fruit or vegetables with skin and corn. Also, avoid multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

ONE DAY BEFORE PROCEDURE: Clear liquids such as broth or bouillon, Jell-O, popsicles, and Gatorade (NO red or purple), tea, coffee, clear soft drinks, and water are allowed. NO SOLID FOODS OR MILK PRODUCTS.

Diabetics: Insulin Pump – Follow instructions from your Endocrinologist

Oral Diabetic or Insulin Dependent – Take half of your normal dose unless otherwise instructed.

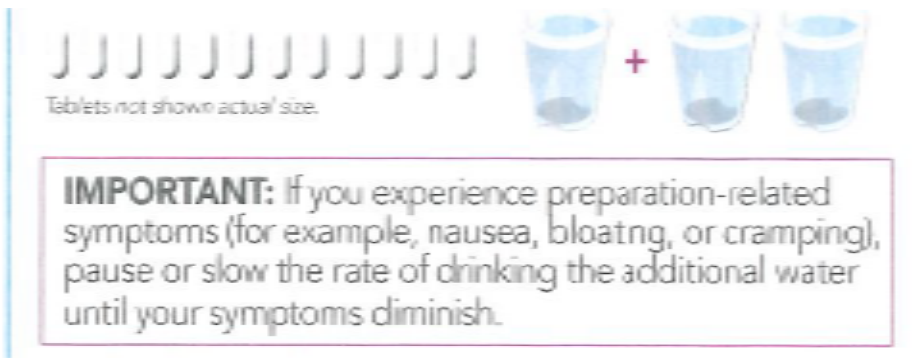
Beginning at 5:00pm, complete steps 1 through 3:

Step 1 – Fill the provided cup with 16 oz. of water (to the fill line) and open one bottle of 12 tablets.

Take all 12 tablets with the entire 16 oz. of water over the course of 20 minutes. DO NOT CRUSH OR BREAK THE TABLET IN HALF, this is a time release tablet

Step 2 – One hour after completing the tablets. Fill the provided cup with 16 oz. of water and drink slowly over the course of 30 minutes. Make sure to complete all of the water.

Step 3 – 30 minutes after completing step 2, Fill the provided cup with 16 oz. of water and drink slowly over the course of 30 minutes. Make sure to complete all of the water.



***Bowel movements usually start within 1-2 hours after ingestion of the first tablet and can continue 1-2 hours after you finish. If at any point during the process you feel nauseated, slow down the speed at which you drink the water. ***

DAY OF PROCEDURE:

- 5 hours before your procedure discontinue all forms of tobacco products
- 5 hours before your procedure, repeat steps 1 through 3 using the remaining bottle of 12 tablets of SUTAB. You must finish the final glass of clear liquid at least 3 hours before your procedure.
- You may have clear liquids, gum, and hard candy (not red or purple) up to 3 hours before your procedure.

****IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.**

****IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU. **DO NOT TAKE HEPARIN OR LOVONOX ON THE DAY OF PROCEDURE.**