

Endoscopic Ultrasound/(EGD) Prep

Date of Procedure: _____ Arrival Time: _____

If you had a recent abdominal CT scan performed, please bring a CD copy with you on the day of your procedure.

If you normally take Pletal (Cilostazol), Ticlopidine, Coumadin, Warfarin, Plavix (Clopidogrel), Persantine (Dipyridamole) or Pradaxa (Dabigatran) then ***we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.*** We will contact you once they have responded. Do not stop aspirin for the procedure.

FOUR DAYS BEFORE PROCEDURE: Discontinue any multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

ONE DAY BEFORE PROCEDURE: Normal diet until midnight. After midnight, clear liquids only such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water. NO SOLID FOOD OR MILK PRODUCTS.

DAY OF PROCEDURE:

- You may have clear liquids, gum, hard candy and tobacco products up to 4 hours before your procedure.
- Diabetics: Insulin Pump – Follow instructions from your Endocrinologist
Oral or Insulin Dependent Diabetics – Do not take your medications but bring them with you.

****IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.**

****DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.**