

H-Pylori Breath Test

| Date of Procedure: | Arrival Time: |
|---------------------------------|---------------------------------------|
| Your test will be performed at: | 191 Biltmore Ave, Asheville, NC 28801 |

Four (4) weeks prior to test: You must be off of all antibiotics until after your test. You must also stop all Bismuth products such as Pepto Bismol.

Two (2) weeks prior to test, stop the following medications:

- o Prilosec (omeprazole)
- o Prevacid (lansoprazole)
- o Carafate (sucralfate)
- o Aciphex (rabeprazole)
- o Protonix (pantoprazole)
- O Nexium (esomeprazole, sodium bicarbonate)
- o Zegerid (omeprazole, sodium bicarbonate)
- o Dexilant (dexlansoprozole)

NOTE: You may continue to take H2 blockers such as Tagamet, Zantac, Axid, Pepcid and antacids such as Maalox, Rolaids, Tums and Mylanta.

Day of test:

Do not eat or drink anything six (6) hours prior to test.

It is critical that you follow ALL of the above instructions or your appointment will have to be rescheduled.