

Interstim Procedure

Date of Procedure: _____ Arrival Time: _____

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then ***we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.*** We will contact you once they have responded. Do not stop aspirin for the procedure.

FOUR DAYS BEFORE PROCEDURE: Discontinue multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician). Continue all other medications that you normally take. It is important to continue medications for your heart, blood pressure, asthma or other chronic medical conditions as instructed by your physician.

TWO DAYS BEFORE PROCEDURE: Discontinue taking Pradaxa if you have a normal kidney function.

ONE DAY BEFORE PROCEDURE: Normal diet until midnight. After midnight, clear liquids only such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water. NO SOLID FOOD OR MILK PRODUCTS.

DAY OF PROCEDURE:

- You may have clear liquids, gum, hard candy and tobacco products up to 3 hours before your procedure.
- You should take your morning medications, except for those listed above, at least 3 hours before your procedure, unless otherwise instructed by your physician.

**IF YOU TAKE BLOOD PRESSURE MEDICATION, YOU MAY TAKE IT 3 HOURS PRIOR TO YOUR PROCEDURE TIME.

**IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.

**DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE, UNLESS OTHERWISE INSTRUCTED BY YOUR PHYSICIAN.